



Waitsfield Elementary January School Menu  
 Student \$3.25 Reduced Child FREE Adult \$4.25

Each day the lunch menu includes yogurt/cottage cheese and milk (skim & 1%)

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>3</b> 1-Homemade Cabot Mac & Local Cheese 2- or Cabot Mac & Trees (broccoli) Roasted Beets	<b>4</b> <u>Quiche</u> 1-Bacon & Cheddar 2-or Cheddar Italian Potatoes Caesar Salad	<b>5</b> <u>Sandwich Bar</u> Turkey Tuna Ham Cheese Vegetables Whole Wheat Bread	<b>6</b> <u>Spaghetti</u> 1- with Meatballs and Marinara Sauce 2- with Marinara Sauce 3-Swedish Meatballs over Egg Noodles
<b>9</b> <u>Meatless Monday</u> <u>Sadies Request</u> Vegetable Dumplings Brown Rice Sauteed Vegetables	<b>10</b> <u>Fried Rice</u> 1- with Pork and Vegetables 2- with Vegetables Fortune Cookie	<b>11</b> <u>HOT Italian Subs*</u> 1-Salami, Pepperoni, Mortadella, Ham and Provolone Or 2- Portobello and Provolone with Tomato and Lettuce On a whole wheat grinder roll	<b>12</b> <u>Taco (Hard Shell)</u> 1- with Local Beef 2- or with Beans Add lettuce, tomato, salsa or sour cream	<b>13</b> <u>Southern BBQ</u> 1- BBQ Pork Sandwich 2- BBQ Tofu Sandwich Cole Slaw Local Corn
<b>16</b>  <i>I Have A Dream</i> <i>Martin Luther King, Jr. Day</i> <b>No School</b>	<b>17</b> <u>Sloppy Joes</u> 1- with Local Beef 2- with Veggie Burgers Spiral Fries Whole Wheat Roll	<b>18</b> <u>Pizza</u> 1- with Cheese and Pepperoni 2- with Cheese 3- Alfredo	<b>19</b> <u>Soup Bar</u> 1- with Chicken Noodle Soup 2- Alphabet Vegetable Soup Whole wheat buns	<b>20</b> <u>BLT</u> 1- with Bacon, Lettuce and Tomato 2- with Avocado, Lettuce and Tomato Chips
<b>23</b> <u>RED DAY</u> Maple Apple Chicken Steamed Red Potatoes Watermelon Red Cabbage Radish Strawberry Yogurt	<b>24</b> <u>ORANGE DAY</u> Beef or Bean Burrito Carrot Souffle Orange Peppers Carrots Cantaloupe Orange Juice	<b>25</b> <u>YELLOW DAY</u> Quiche with Bacon and/or Cheese Yellow Squash Bananas/Pineapple Corn Lemonade	<b>26</b> <u>GREEN DAY</u> Caesar Salad Wraps Crispy Kale Edamame Beans Broccoli Kiwi	<b>27</b> <u>PURPLE/BLUE DAY</u> Blueberry Pancakes Eggplant Parm Grapes Raisins Blueberry Yogurt Plums
<b>30</b> <u>Stromboli</u> 1- Pesto and Cheese 2- Veggies and Cheese 3- just Cheese	<b>31</b> Stuffed Shells Garlic Bread Marinara Sauce			

Grab & Go Breakfast \$1.75 Child \$2.00 Adult Free Reduced child

Trail Mix Apple Juice/Milk	Blueberry Muffin Yogurt Juice/Milk	Cereal (Kix) Juice/Milk	Egg and Cheese Sandwich Yogurt Juice/Milk	Coffee Cake Yogurt Juice/Milk
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When submitting payment for your child's account, please send check or cash in whole dollar amounts - Thank you! Prepayment is expected!

**News from the biggest classroom in the school:**

**RAINBOW WEEK IS HERE!!!!** Each day for a week we will be celebrating a color of the rainbow with different types of food. We will be encouraging students to wear the color of the day to help us celebrate!!

\* Hot Italian Subs will be warm, not spicy hot.

Wishing you a happy and safe holiday season.

